



Judith Plotkin

VICE PRESIDENT, HEALTH & WELLNESS

Judith Plotkin is the Vice President of Health & Wellness Solutions at People Corporation, a national provider of group benefits, group retirement and human resource services.

Judith holds overall responsibility for leadership and growth of our proprietary health and wellness solutions. Through innovative and outcome driven products, Judith is committed to helping employees lead healthier lives.

Ms. Plotkin has over 25 years of progressive leadership expertise in the employee assistance, disability management and workplace wellness industry. Judy is a frequent speaker and has published many workplace mental health and healthy workplace articles.

Prior to joining People Corporation, Ms. Plotkin held a number of leadership roles at ReedGroup (formerly Aon), Wellpoint, Homewood Health and Morneau Shepell. She holds a Bachelor of Arts and Social Work degree from Ryerson University and a Master of Social Work from University of Toronto; she has completed the Corporate Directors Program at University of Toronto's Rotman School of Management, and is the immediate Past-President of the Employee Assistance Society of North America.

Contact Judith Plotkin to hear more about People Corporation's strategic approach to wellness solutions.



MY CAREER HAS BEEN DEDICATED TO HELPING CREATE HEALTHIER WORKPLACES, AND I AM THRILLED TO BE HEADING UP THE WELLNESS SERVICES THAT WILL BENEFIT PLAN SPONSORS AND PLAN MEMBERS.

ABOUT PEOPLE CORPORATION

We are a national provider of group benefits, group retirement and human resource services. Our industry experts provide uniquely valuable insight to customize our innovative suite of services for your organization. Learn more at peoplecorporation.com.

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